

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------|--|---|--|--|--|
| STARTERS | White cabbage with lardons Vegetable tabbouleh Melon Broccoli and palm heart salad Dry sausage Salad Bar | Cucumbers and sheep's cheese Bulgur with tomatoes and basil Tomatoes with sauce Antiboise Salmon rillettes Pomelo Salad Bar | Pork snout in vinaigrette Watermelon Seafood tart Pearl pasta salad with chorizo, tomatoes, and pickles Vegetable terrine Salad Bar | Pasta salad with diced chicken and cheese Carrots with raisins Vegetable sticks with fromage blanc and curry sauce Saveloys in vinaigrette Rice with pineapple, avocado, and banana Salad Bar | Tomatoes and mozzarella Toast with tuna Fried calamari in sweet and sour sauce Lentil and lardon salad Mortadella sausage Salad Bar |
| HOT MAIN DISHES AND SIDES | Chicken escalope with cream sauce Andouillette sausage Steamed potatoes / Wax beans | Beef sauté with tomato sauce Pollock loins roasted in lard Pasta shells / Chopped vegetables | Grandmother's chicken Quiche lorraine Lentils / Country-style skillet potatoes | Honey pork fondant Fish and chips French Fries / Baked tomatoes | Cod fillet with tarragon Vegetarian chili Rice / Ratatouille |
| DAIRY PRODUCT | Cheese or Dairy Product | Cheese or Dairy Product | Cheese or Dairy Product | Cheese or Dairy Product | Cheese or Dairy Product |
| DESSERTS | Chocolate muffin Peaches in syrup Fromage blanc Fresh fruit Yoghurt with fruit | Fresh fruit Poire Belle Hélène Bulgarian cake Chocolate jelly Panna cotta | Fresh fruit Caramel custard Bavarian cream with fruit Chocolate cream topped with whipped cream Pancake topped with sugar | Fresh fruit Chocolate chip clafoutis Pineapple carpaccio Cream puff Coconut mousse | Fresh fruit salad Fruit compote Blancmange with red berry coulis Fresh fruit Brownie |
| | White cabbage with lardons Chicken escalope with cream sauce Steamed potatoes / Wax beans Cheese or Dairy Product Chocolate muffin | Cucumbers and sheep's cheese Beef sauté with tomato sauce Pasta shells / Chopped vegetables Cheese or Dairy Product Fresh fruit | Pork snout in vinaigrette Grandmother's chicken Lentils / Country-style skillet potatoes Cheese or Dairy Product Fresh fruit | Pasta salad with diced chicken and cheese Honey pork fondant French Fries / Baked tomatoes Cheese or Dairy Product Fresh fruit | Tomatoes and mozzarella Cod fillet with tarragon Rice / Ratatouille Cheese or Dairy Product Fresh fruit salad |



Seasonal product
All or part of this dish is made with seasonal raw ingredients

Organic Product
All our homemade milk-based desserts are made with organic raw milk from Pannetière farm

All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin

Veggie party!

Local products

- * Chicken: Galliance, Ancenis
- * Turkey: Ferme de la Brégonnerie, Nort sur Erdre
- * Pork and beef: Viandissime, Le Poiré sur Vie
- * Bread: Tradéoz, Orvault
- * Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
- * Potatoes: Mahot, Chaumes en Retz
- * Pancakes and buckwheat galettes: Catal Roc, Treillères
- * Fish: Cap Marée, Nantes
- * Organic vegetables: Tom Pousse, La Chapelle sur Erdre
- * Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
- * Cold cuts: Gérard, Legé (44)
- * Organic yoghurt: Ferme Péard, Blain