

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Grated carrots and corn Creamed mushrooms Garlic sausage Pomelo Tabouleh Salad Bar	Caesar salad Cauliflower in vinaigrette Rolled Ham and cheese Pasta with surimi Cucumbers and sheep's cheese Salad Bar	Tomato salad Mimosa Guacamole and tortillas Sardines with lemon Grapefruit Saveloys in vinaigrette Salad Bar	Durum wheat salad with shrimp Beetroot Mimosa Cucumbers with Bulgarian sauce Tomato and mozzarella tartine Celeriac in a curry sauce Salad Bar	Rillettes and pickles Tomato and goat cheese tart Salad with cheese, ham, and corn Watermelon Rice with avocado, pineapple, and shrimp Salad Bar
HOT MAIN DISHES	Chicken Cordon Bleu with tomato sauce Duck leg with peaches Semolina / Braised celeriac	Provençale beef Duo of chipolata and merguez sausages French fries / Peas	Rougail Fish of the day Rice / Rougail vegetables	Roasted chicken Caramel pork sauté Country-style skillet potatoes / Salsifis in tomato sauce	Fish of the day Minced beef in black pepper sauce Pasta shells / Spinach
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Fresh fruit Dessert cream Fromage blanc with raspberries Waffle Brownie	Apricot pastry cream Baked apple on gingerbread Red berry soup Fresh fruit Chocolate jelly	Baked pears with whipped cream Applesauce with meringue Millefeuille Fresh fruit Blueberry pie	Floating island Homemade crème brûlée Fresh fruit Fresh fruit pie Bavarian cream with red berries	Fresh fruit Fresh fruit salad Tiramisu Vanilla jelly Cream puff with whipped cream
	Grated carrots and corn Chicken Cordon Bleu with tomato sauce Semolina / Braised celeriac Cheese or Dairy Product Fresh fruit	Caesar salad Provençale beef French fries / Peas Cheese or Dairy Product Apricot pastry cream	Tomato salad Mimosa Rougail Rice / Rougail vegetables Cheese or Dairy Product Baked pears with whipped cream	Durum wheat salad with shrimp Roasted chicken Country-style skillet potatoes / Salsifis in tomato sauce Cheese or Dairy Product Floating island	Rillettes and pickles Fish of the day Pasta shells / Spinach Cheese or Dairy Product Fresh fruit



The healthy choice !

**Seasonal product**  
All or part of this dish is made with seasonal raw ingredients

**Organic Product**  
All our homemade milk-based desserts are made with organic raw milk from Pannetière farm

**Local Products**  
Bread: Tradéoz, Orvault  
Eggs: Gaec de l'eau vive, Ste Hilaire de Clisson  
Turkey: Ferme de la Brégeonnerie, Nort sur Erdre  
Chicken: Galliance, Ancenis  
Pork and beef: Vianissime, Le Poiré sur Vie  
Potatoes: Mahot, Chaumes en Retz  
Pancakes and buckwheat galettes: Catel Roc, Treillères  
Fish: Cap Marée, Nantes

**All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin**

**Veggie party!**