

LYCÉE SAINT JOSEPH DU LOQUIDY - NANTES

Week from 27/05 au 02/06

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Cucumbers with Bulgarian sauce	Cheese pancake	Slivered carrots and cabbage **	Country-style pâté	Tomatoes and mozzarella **
	Mixed vegetables	Bruschetta	Cucumber and mint salad	Saveloys	Lardon salad <mark>✷</mark>
	Duo of sausages	Tuna-stuffed tomato 💥	Duck mousse	Tabbouleh	Savoury loaf
	Bulghur and surimi in vinaigrette	Asparagus and tomato salad	Melon **	Grated celeriac in vinaigrette **	Fish terrine
	Beetroot in vinaigrette 卢 茂米	Pomelo	Salad with ham, celeriac, corn, and tomatoes	Potatoes, Strasbourg sausage & cheese	Pork snout in vinaigrette
	Salad Bar	Salad Bar 🕌	Salad Bar	Salad Bar	Salad Bar
HOT MAIN DISHES AND SIDES	Potato gratin with Provençal vegetables	Thinly sliced turkey à la Normande (cream & mushrooms)	Veal meatball tagine with dried fruit	Fish of the day in white butter sauce	Pork with thyme
	Fish of the day	Macaroni Carbonara	Grilled ham	Chicken and turkey with Bolognese sauce	Roasted chicken
	Green salad **	Macaroni / Ratatouille	Semolina / Tagine vegetables	Green beans	Lentils (local) / Creamed carrots
	Potatoes / Cauliflower			Sautéed courgettes	
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Fruit velouté	Fresh fruit **	Milkshake AB	Chocolate chip muffin	Smoothie
	Fromage blanc mousse with speculoos	Pears in syrup	Panna cotta with caramel	Red berry crumble	Raspberry tiramisu
	Amandine cake	Custard tart AB	Creole coconut pie	Honey nougat mousse	Floating island AB
	Fresh fruit **	Rice pudding AB	Fresh fruit **	Fresh fruit **	Fresh fruit **
	Waffle	Flavoured yoghurt	Red berry soup	Chocolate banana	Chocolate cream topped with whipped cream
The healthy choice!	Cucumbers with Bulgarian sauce	Cheese pancake	Slivered carrots and cabbage	Country-style pâté	Tomatoes and mozzarella
	Potato gratin with Provençal vegetables	Thinly sliced turkey à la Normande (cream & mushrooms)	Veal meatball tagine with dried fruit	Fish of the day in white butter sauce	Pork with thyme
	Green salad	Macaroni / Ratatouille	Semolina / Tagine vegetables	Green beans	Lentils (local) / Creamed carrots
	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
	Fruit velouté	Fresh fruit	Milkshake	Chocolate chip muffin	Smoothie
Seasonal product All or part of this dish is made	with seasonal raw ingredients	Local products * Chicken: Galliance, Ancenis * Turkey: Forme de la Bréggonnerie, Nort su			





All our homemade milk-based desserts are made with organic raw milk from



All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin



Veggie party!

- * Chicken: Galliance, Ancenis
- * Turkey: Ferme de la Brégeonnerie, Nort sur Erdre
- * Pork and beef: Viandissime, Le Poiré sur Vie
- * Bread: Tradéoz. Orvault
- * Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
- * Potatoes: Mahot, Chaumes en Retz

- * Pancakes and buckwheat galettes: Catal Roc, Treillères
- * Fish: Cap Marée, Nantes
- * Organic vegetables: Tom Pousse, La Chapelle sur Erdre
- * Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
- * Cold cuts: Gérard, Legé (44)
- * Organic yoghurt: Ferme Péard, Blain

This menu may occasionally be changed due to supplier shortages or service requirements.