





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Tomatoes and mozzarella  Cauliflower with cocktail sauce Tabbouleh Rice salad with red beans and vegetables	Piedmontese salad Greek-style mushrooms  Dry sausage  Warm tartine	Pearl pasta salad with tomatoes, surimi, and chive cream Pomelo Stir-fried vegetables in a curry vinaigrette Fish terrine	Beetroot and apple salad  Ham, cheese & lettuce wrap Mushroom pâté  Green salad with Emmental cheese & tomatoes 	Green salad with Edam and Gouda cheeses  Curried grated courgettes  Cheese pancake Eggs in mayonnaise
HOT MAIN DISHES AND SIDES	Chicken nuggets with ketchup Cheese omelette  Durum wheat / Wax beans	Pollock with chorizo & bell pepper sauce Curried pork sauté  Penne pasta / Sautéed courgettes (organic) 	Hot dog Turkey fillet with apples  Green salad  Trio of grains	Shepherd's pie Ling with lemon butter sauce Green salad  Mashed potatoes / Leek fondue	Mexican red bean stew  Marinated chicken brochette Rice / Provençale tomatoes (organic) 
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Fromage blanc  Pudding with caramel sauce Waffle Fresh fruit  Fruit salad	Fresh fruit  Milkshake Vanilla dessert cream  Chocolate banana Muffin	Smoothie Fresh fruit pieces  Lemon meringue pie Fresh fruit  Egg custard	Chocolate Bavarian cream Genoise with jam Fresh fruit  Blancmange  Pastry cream topped with pineapple	Fruit compote Crème brûlée  Fresh fruit  Hawaiian cake Yoghurt
	Tomatoes and mozzarella Chicken nuggets with ketchup Durum wheat / Wax beans Cheese or Dairy Product Fromage blanc	Piedmontese salad Pollock with chorizo & bell pepper sauce Penne pasta / Sautéed courgettes (organic) Cheese or Dairy Product Fresh fruit	Pearl pasta salad with tomatoes, surimi, and chive cream Hot dog Green salad Cheese or Dairy Product Smoothie	Beetroot and apple salad Shepherd's pie Green salad Cheese or Dairy Product Chocolate Bavarian cream	Green salad with Edam and Gouda cheeses Mexican red bean stew Rice / Provençale tomatoes (organic) Cheese or Dairy Product Fruit compote

 **Seasonal product**
All or part of this dish is made with seasonal raw ingredients

 **All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin**

 **Organic Product**
All our homemade milk-based desserts are made with organic raw milk from Pannetière farm

 **Veggie party!**

 **Local products**
 * Chicken: Galliance, Ancenis
 * Turkey: Ferme de la Brégeonnerie, Nort sur Erdre
 * Pork and beef: Viandissime, Le Poiré sur Vie
 * Bread: Tradéoz, Orvault
 * Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
 * Potatoes: Mahot, Chaumes en Retz

* Pancakes and buckwheat galettes: Catal Roc, Treillères
 * Fish: Cap Marée, Nantes
 * Organic vegetables: Tom Pousse, La Chapelle sur Erdre
 * Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
 * Cold cuts: Gérard, Legé (44)
 * Organic yoghurt: Ferme Péard, Blain