





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Cheese pancake Goat cheese and chorizo loaf Grated vegetables in balsamic vinegar  Beetroot & chives Mushroom terrine 	Spiced grated carrots  Creamed mushrooms Andouille sausage  Lentils, sheep's cheese, and red onions Celeriac with apples and curry 	Vegetable wrap  Spiced tuna on toast Rillettes and pickles  Vegetable pasta with surimi Leeks with Ravigote sauce	Soup Chicken salad  Pizza Quinoa with crisp vegetables Coleslaw 	Chinese cabbage with Emmental cheese  Broccoli in vinaigrette Durum wheat salad with ham Eggs in mayonnaise Strasbourg potato salad
HOT MAIN DISHES AND SIDES	Chicken nuggets Lamb sauté with garlic Rice / Bean medley	Shepherd's pie Chorizo omelette Green salad  Swiss chard with garlic and cream / Purée	Quiche Lorraine Roast veal with creamy mushroom sauce Green salad  Vegetable custard tart	Fish of the day Escalope with cream sauce Farfalle pasta / Sautéed spinach	Chick pea tagine with dried fruit  Beef tongue with tomato sauce Semolina / Tagine vegetables
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Fresh fruit  Flavoured yoghurt  Fruit cocktail Chocolate jelly & whipped cream  Peach cake	Fromage blanc & tropical fruit coulis  Blancmange with coulis  Fresh fruit  Brownie Roasted pineapple	Fruit salad Pancake with whipped cream Fresh fruit  Curd cheese with maple syrup  Semolina cake with chocolate chips	Orange meringue pie Red berry milkshake  Fresh fruit  Crème brûlée Vanilla pudding 	Fresh fruit  Pudding Apple crème brûlée  Smoothie Caramelised rice pudding 
	Cheese pancake Chicken nuggets Rice / Bean medley Cheese or Dairy Product Fresh fruit	Spiced grated carrots Shepherd's pie Green salad Cheese or Dairy Product Fromage blanc & tropical fruit coulis	Vegetable wrap Quiche Lorraine Green salad Cheese or Dairy Product Fruit salad	Soup Fish of the day Farfalle pasta / Sautéed spinach Cheese or Dairy Product Orange meringue pie	Chinese cabbage with Emmental cheese Chick pea tagine with dried fruit Semolina / Tagine vegetables Cheese or Dairy Product Fresh fruit

 **Seasonal product**
All or part of this dish is made with seasonal raw ingredients

 **All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin**

 **Organic Product**
All our homemade milk-based desserts are made with organic raw milk from Pannetière farm

 **Veggie party!**

 **Local products**
 * Chicken: Galliance, Ancenis
 * Turkey: Ferme de la Brégeonnerie, Nort sur Erdre
 * Pork and beef: Viandissime, Le Poiré sur Vie
 * Bread: Tradéoz, Orvault
 * Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
 * Potatoes: Mahot, Chaumes en Retz

* Pancakes and buckwheat galettes: Catal Roc, Treillères
 * Fish: Cap Marée, Nantes
 * Organic vegetables: Tom Pousse, La Chapelle sur Erdre
 * Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
 * Cold cuts: Gérard, Legé (44)
 * Organic yoghurt: Ferme Péard, Blain