

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Rice salad with red beans and vegetables Cauliflower with cocktail sauce Beetroot and apple salad  Tomatoes and mozzarella  Salami and pickles 	Cucumber, red onion, and Edam cheese salad  Greek-style mushrooms Dry sausage  Warm tartine Cauliflower mimosa	Pearl pasta salad with tomatoes, surimi, and chive cream Potato, onion, and egg salad Stir-fried vegetables in a curry vinaigrette Fish terrine Dry sausage 	Tabbouleh Cheese pancake Mushroom pâté  Green salad with Emmental cheese & tomatoes  Leeks in vinaigrette	Melon  Grated courgette with tomato coulis  Ham and fromage frais wraps Eggs in mayonnaise Saveloys 
HOT MAIN DISHES AND SIDES	Chicken nuggets with ketchup Ling with lemon butter sauce Wax beans  Country-style skillet potatoes 	Shepherd's pie Cheese omelette  Green salad  Mashed potatoes / Aubergine, tomato & sheep's cheese gratin	Hot dog Turkey fillet with apples - SIQO Green salad  Trio of grains	Pollock with sweet pepper sauce Curried pork sauté - SIQO Sautéed courgettes Penne pasta	Mexican red bean stew  Marinated chicken brochette Rice / Provençale tomatoes
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Waffle Muffin Fresh fruit  Chocolate banana Red berry milkshake	Pudding with caramel sauce Dessert cream Fresh fruit  Hawaiian cake Chocolate jelly	Smoothie Fresh fruit pieces  Lemon meringue pie Fresh fruit  Compote & biscuit	Vanilla cream Chocolate Genoise Fresh fruit  Blancmange Fresh pineapple	Fresh fruit  Crème brûlée Apple pastry Apricot Melba Fruit cocktail
	Rice salad with red beans and vegetables Chicken nuggets with ketchup Wax beans Cheese or Dairy Product Waffle	Cucumber, red onion, and Edam cheese salad Shepherd's pie Green salad Cheese or Dairy Product Pudding with caramel sauce	Pearl pasta salad with tomatoes, surimi, and chive cream Hot dog Green salad Cheese or Dairy Product Smoothie	Tabbouleh Pollock with sweet pepper sauce Sautéed courgettes Cheese or Dairy Product Vanilla cream	Melon Mexican red bean stew Rice / Provençale tomatoes Cheese or Dairy Product Fresh fruit



**Seasonal product**  
All or part of this dish is made with seasonal raw ingredients



**All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin**



**Organic Product**  
All our homemade milk-based desserts are made with organic raw milk from Pannetière farm



**Veggie party!**



**Local products**

- \* Chicken: Galliance, Ancenis
- \* Turkey: Ferme de la Brégonnerie, Nort sur Erdre
- \* Pork and beef: Viandissime, Le Poiré sur Vie
- \* Bread: Tradéoz, Orvault
- \* Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
- \* Potatoes: Mahot, Chaumes en Retz

- \* Pancakes and buckwheat galettes: Catal Roc, Treillères
- \* Fish: Cap Marée, Nantes
- \* Organic vegetables: Tom Pousse, La Chapelle sur Erdre
- \* Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
- \* Cold cuts: Gérard, Legé (44)
- \* Organic yoghurt: Ferme Péard, Blain